**CRISIS RESOURCES – Owensboro/Henderson KY**

*For immediate assistance*

* National Suicide Prevention Lifeline 1-800-273-TALK (8255)

Suicidepreventionlifeline.org

Text TALK to 741741

* Rivervalley Behavioral Health crisis phone AND text line 1-800-433-7291

Rvbh.com

* Call 911 - ask for a CIT officer
* Any hospital emergency room

*Community Resources*

* Brentwood Springs Hospital 812-858-7200
* Owensboro Health Regional Hospital 270-417-2000
* Rivervalley Behavioral Health – access and assessment center 270-689-6879
* Owensboro Regional Suicide Prevention Coalition 270-852-6544 (not a crisis line)
* Deaconess Crosspointe 812-476-7200
* St Vincent Hospital 812-485-4000

*Suicide Prevention Mobile Apps:*

Name/Name in App Store

* Jason Foundation/Jason Foundation A Friend Asks – teens/young adults
* Safer Home/Suicide Safer Home – those living with a person who has suicidal thoughts
* Lifebuoy/Lifebuoy: Suicide Prevention – suicide survivors
* Safety Net/Safety Plan: individuals with suicidal ideations/thoughts
* My 3/MY3 – Support Network – individuals at risk for suicidal ideation/thoughts
* ASK/ASK & Prevent Suicide – individuals looking to help a friend/loved one
* Suicide Safe/Suicide Safe by SAMHSA – primary care, behavioral health providers
* Virtual Hope Box/Virtual Hope Box – individuals struggling with thoughts of suicide, behavioral health providers, military

*Other useful resources*

* American Foundation for Suicide Prevention – afsp.org
* Centers for Disease Control – cdc.gov
* Substance Abuse and Mental Health Services Administration – samhsa.gov
* The Suicide Prevention Resource Center – sprc.org